Characteristics of Successful Students

♦ **AIM**…. they have a specific goal, related to their education, which they want to achieve.

♦ **NEED**…. they have a very high need to reach their goals and they know when they need to reach it.

♦ **HOPE OF SUCCESS**…. they are highly optimistic about reaching their goal. Successful students know and can express how it will feel to reach their goal.

♦ **FEAR OF FAILURE**…. the level of pessimism that successful students feel about not reaching their goal is low because they know and can express how it will feel to fail.

♦ **SUCCESS FEELINGS**…. these students acknowledge the small successes which they have, i.e., passing hourly exams, as steps towards reaching their goal.

♦ **FAILURE FEELINGS**…. the small setbacks on the path toward goal attainment are seen as minor obstacles which can be overcome.

♦ **PERSONAL OBSTACLES**…. successful students are aware of their negative habits, i.e., procrastination, lack of self-discipline, and test anxiety; and they actively work toward overcoming them.

♦ **WORLD OBSTACLES**…. successful students anticipate problems external to themselves and think of ways to alleviate them.

♦ **HELP**…. successful students know whom they can ask for help when problems arise. They seek out advice and assistance when they need it.

♦ **PLAN OF ACTION**…. successful students have a specific plan for achieving their goals. It is specifically stated and has regular checkpoints.