Learning Strategies Checklist

Think of how you would respond to these questions. You may be able to improve your learning effectiveness and gain more satisfaction from your classes if you feel that you are better in control of the situation.

1. Do you have an identified study place?

2. Do you usually know in the morning how you are going to spend your day?

3. Do you read text material before the class presentation on the topic?

4. Do you usually glance through a chapter, looking at the paragraph headings, before reading it in detail?

5. Do you usually read the summary at the end of the chapter before reading the chapter?

6. After you have read a chapter and have taken notes on it, do you usually actively review the chapter as a whole?

7. Do you know how to locate main ideas in your reading?

8. Do you mark key ideas in your text after reading?

9. When studying, do you work carefully with the graphs or tables in your textbook?

10. Do you frequently make simple charts or diagrams to represent points in your reading?
11. When you find a word in your reading that you don't know, do you look it up in the dictionary?

12. Do you usually take notes on the lecture?

13. Do you review your lecture notes daily?

14. Do you spread out your review for a test over several days?

15. In preparing for an exam, do you try to organize the material to be reviewed?

16. In reviewing for a test, do you use a variety of study methods, i.e. write, recite, calculate, or draw diagrams?

17. Do you look over the whole exam to evaluate what needs to be done before starting to answer questions?

18. Do you occasionally try to analyze your work to see where you may be weak?

19. Do you consciously try to use facts you learn in one course to help you with your work in another?

20. Do you consult with your instructors on an individual basis, during their office hours?

If you answered that you do not use the learning strategies listed, a visit to the Study Skills Center may be beneficial. The Study Skills Center is located in the lower level of the LRC in Sangamon Hall. Phone: 786-2396