Study Skills Inventory

Check any of the following study skills that you regularly use.

_______ Commit yourself to a specific study schedule.
_______ Construct a daily “to do” list.
_______ Construct a semester calendar of course requirements.
_______ Develop an “I will and I can” attitude.
_______ Study science six to ten hours per week, every week.
_______ Preview for lecture and laboratory.
_______ SQ4R text and laboratory manual.
_______ Listen with care and attention.
_______ Take complete and accurate notes.
_______ Get to class on time; quickly review previous lecture.
_______ Formulate objectives for study sessions.
_______ Review and rework notes frequently.
_______ Write a summary of each lecture.
_______ Outline, chart, or map out the work you must do each week.
_______ Generate questions for self-testing.
_______ Recite, recall, and envision the material studied.
_______ Construct scientific figures.
_______ Practice solving questions and writing brief essays.
_______ Construct a bank of key words, symbols, and units.
_______ Test yourself with questions from the textbook or manual.
_______ Use a study guide.
_______ Study with a study group.
_______ Review material with a tutor or instructor.
_______ Develop good test-taking skills.
_______ Relate the science you study to the things you read and see.
_______ Analyze mistakes on tests and graded assignments.
_______ Keep up with all assignments; don’t cram or procrastinate.