Be aware of sensory sensitivity (even if it is nearly unnoticeable to you)

Auditory
- Eliminate high pitch, continuous noises.
- Eliminate sharp, startling noises.
- Create a quiet place for them to work.
- Have earplugs available to block out distracting noise.
- Let students listen to soothing music on an I-pod or other portable device.

Visual
- If students are sensitive to light, seat the students where they are not in direct sunlight.
- Avoid fluorescent bulbs where possible.
- Let students wear sunglasses.

Tactile
- Clothes.
- Learn sensitive areas (touch may really hurt).
- Students may have a high pain threshold.

Olfactory
- Often hypersensitive to smell.
- Avoid strong perfumes / colognes.
- Allow fresh air to circulate.

Taste
- Hesitate to try new things.
- Often hypersensitive to texture of food.

Anxiety
- Use a stress ball, if that provides relief.
- Teach anger management skills / teach deep breathing.
- Teach physical / emotional skills so they can predict a "meltdown."
- Offer a safe place the students can go if stressed.
- Establish regular “check-ins.”