The Pearls, the Perils and the Pitfalls of Polypharmacy in the Aging Population

presented by

Barb Bancroft, RN, MSN, PNP

Wednesday, March 22, 2017

8:30 a.m.-3:30 p.m., Sign-in begins at 8 a.m.

Northfield Conference Center

3280 Northfield Drive, Springfield, IL 62702 • 217.523.7900

$110 per person (includes handouts, lunch and certificate of completion)

$20 fee charged for registrations and/or payments received after March 7, 2017

Details on next page.
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Seminar Description
The effectiveness of drug therapy for many disease processes in the older patient is as great as it is for the younger patient population; however, given the sheer number of co-morbidities experienced by many elderly patients, the number of drugs prescribed can be overwhelming – for both the patient and the caregiver. Barb discusses the normal physiologic changes of aging that play a major role in drug absorption (stomach and GI tract), metabolism (liver), distribution (water soluble and lipid soluble) and excretion (renal function). You will learn the most common disastrous drug combinations and how to avoid them and you will learn what drugs can be substituted, deleted and/or added to avoid drug-related disasters.

You will learn:
• how the combination of ibuprofen and enalapril can cause acute kidney injury
• drug myriad of interactions with levothyroxine
• how the over-the-counter drug cimetidine can cause acute delirium
• how to manipulate the numerous anti-coagulant drugs and anti-platelet drugs to prevent bleeding
• about the “stacking” effect and how stacking drugs that have the same side effects can be potentially dangerous causes of hyponatremia and hyperkalemia
• the effect of low serum albumin on drug binding and distribution

Join Barb for all of the above and a whole lot MORE!

Registration Information
Fee: $110, which includes educational materials, continuing education certificate and lunch. Payment is due at time of registration. Registrations and/or payments received after March 7, 2017 will be charged a $20 fee. Visit www.llcc.edu/barb-bancroft to register online or to download and print a registration form to mail. Pre-registration is required. Due to seating limitation, no walk-ins are allowed. Because conference room temperatures are difficult to regulate, please wear appropriate attire, especially if you tend to be cold.

Registration is not completed until payment is received.

Continuing Education Credit
Lincoln Land Community College is an approved provider of continuing nursing education by the Ohio Nurses Association (ONA), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-011-91) (OH-357, 2/1/2019)

ANA-Illinois has designated ONA as the official approver of the continuing nursing education (CNE) providers and activities for Illinois.

Nurses: This CNE activity is being offered for 5.5 contact hours. Attendance during the entire seminar as well as a completed seminar evaluation and post-test is required from each participant for successful completion of this CNE activity.

This CNE activity is being presented without conflict of interest with regard to commercial bias or financial interest from products or services.

Cancellation Policy
Cancellations must be made 10 business days before the start of the course. If a cancellation is made in less than 10 business days, the full course fee will be billed.

About the Presenter
Barb Bancroft, RN, MSN, PNP, is a widely acclaimed national speaker, noted for her humorous, entertaining and information-packed seminars. She has authored four books to date including her latest, “Kiss My Asparagus.” Many people can conduct health seminars or write books on health, but very few can make them both thoroughly informative and entertaining. Barb makes complex health topics easily understandable, appealing and hilarious. She has provided more than 2,400 educational and motivational seminars on clinical topics and health maintenance topics to health care professionals and corporations throughout the U.S. and Canada. Barb is currently the executive director and president of CPP Associates, Inc., a continuing education firm for corporations and health care professionals based in Chicago, Ill.